Discover a taste for life

ONLY ~120 kcal*

5 in 1

Easy | Healthy | Balanced
Anti-age | Tasty

edsmart
15 servings
123 kcal per serving¹
gmo free
gluten free
chocolate brownie
edsmart
15 servings
119 kcal per serving¹
gmo free
gluten free
berry panna cotta
edsmart
15 servings
121 kcal per serving¹
gmo free
gluten free
edsmart
15 servings
118 kcal per serving¹
gmo free
gluten free

vanilla sundae
coffee

- Coffee
- Vanilla ice cream
- Chocolate brownie
- Berry panna cotta

*Per serving of a cocktail with water

The Cocktail Pyramid

Peptismart® Protein Matrix

micellar casein, milk albumin, whey protein hydrolysate, polypeptides and oligopeptides of animal origin, hydrolyzed beef collagen, peptides of oats, peptides of almonds

Carbohydrates

Trehalose,
Oat flour

Fats

Lecithin, MCT-oil

Lactase

Prebiotics

Inulin, Nexira Gum Blend (France), Oat flour

Probiotics

Lacto- and bifidobacteria

Vitamin and minerals complexes

Vitamins A, E, C, PP, B4 (Choline), B6, B8 (Inositol). Minerals: Calcium, Phosphorus, Magnesium, Zinc, Iron, Iodine, Selenium, Chromium

It's easy to replace meals!

1 serving of ED Smart contains a calibrated balance of calories, proteins, fats, carbohydrates and nutrients

edsmart
ed
TM
ЛУЧШИЕ ИЗ ЛУЧШИХ
МАРКА №1
5
gmo free
gluten free
15 servings
119 kcal per serving¹
berry panna cotta

CAFÉ LUNCH

Marbled beef steak 100 g
Potato wedges 120 g
Greek salad 185 g

Price
~ ₽ 1,900

470 kcal	17 g proteins	33 g fats	20 g carbohydrates

⊗

Vitamins —
insufficient

⊗

Prebiotics —
insufficient

⊗

Probiotics —
missing

or

ED SMART COCKTAIL

edsmart
ed
20 years of trend setting
gmo free
gluten free
15 servings
119 kcal per serving*
berry panna cotta

Single serving price
₽ 186

Cheaper than a cup of latte!

207 kcal

22g proteins

5,4 g fats

17 g carbohydrates

✓

Vitamins —

✓

Prebiotics —

✓

Probiotics —

sufficient	sufficient	lacto- and bifidobacteria

The cocktail contains high-quality ingredients with a high degree of purification, without ballast and undesirable substances!

How will ED Smart benefit you?

01

Exclusive Peptismart® protein-peptide matrix

- Quick feeling of fullness, for longer
- Beautiful hair, nails and skin
- Building material for your cells

Cheerfulness and good mood

Micellar casein

Long-lasting feeling of fullness, ideal for dieting

Whey protein hydrolysate

Gives rapid saturation with amino acids and jump-starts the metabolism

Milk albumin

Helps relieve fatigue, strengthens the immune system, acts as an antidepressant

Collagen hydrolysate

Gives strength to bones, elasticity to skin, muscles and ligaments

Polypeptides and oligopeptides

Rapidly regenerate connective and muscular tissues

Peptides of oats and almonds

Have a powerful anti-age effect

02

High-quality carbohydrates of plant origin

- Balance of fast and slow carbohydrates
- Instant saturation for a long time
- Energy boost
- Ability to make quick decisions

✓ Trehalose

Gradually supplies energy and protects cells from premature aging.

✓ Oat flour

Improves Intestinal functioning, helps control cholesterol levels

03

Complex vegetable fats with high bioactivity

- Beautiful skin, hair and nails
- Slimness
- Slowing down the aging process
- Memory improvement
- Vigorousness

MCT-oil

Activates the brain and helps control weight

Lecithin (phospholipids)

Support cell health and skin beauty

04

04

Lactase with a high catalyzation rate **100 000 units**

- Effectively improves the absorption of lactose
- Helps achieve the greatest benefits of dairy products

05

Maintaining the healthy microbiota

✓ **Probiotics**

Lacto- and bifidobacteria P-8

✓ Prebiotics

Inulin, Nexira gum blend (France), Oat flour

Support the intestinal microbiota health

Help digest protein and minerals

Strengthen the immune system

Enjoy the best version of yourself

edsmart
ed
15 servings
121 kcal per serving¹
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Become more productive

- Make important decisions easily
- Think creatively and fast
- Generate new ideas

Choline MCT-Oil Phospholipids

B vitamins Iodine

✓ Protect yourself from stress

- Live without anxiety
- Maintain the emotional balance
- Get the most out of sleep
- Color your life brightly

Inositol · Magnesium · Vitamin B6 · Trehalose

✓ Strengthen your immune system

- Less pain
- Adapt more easily to any conditions
- Always be cheerful and full of energy

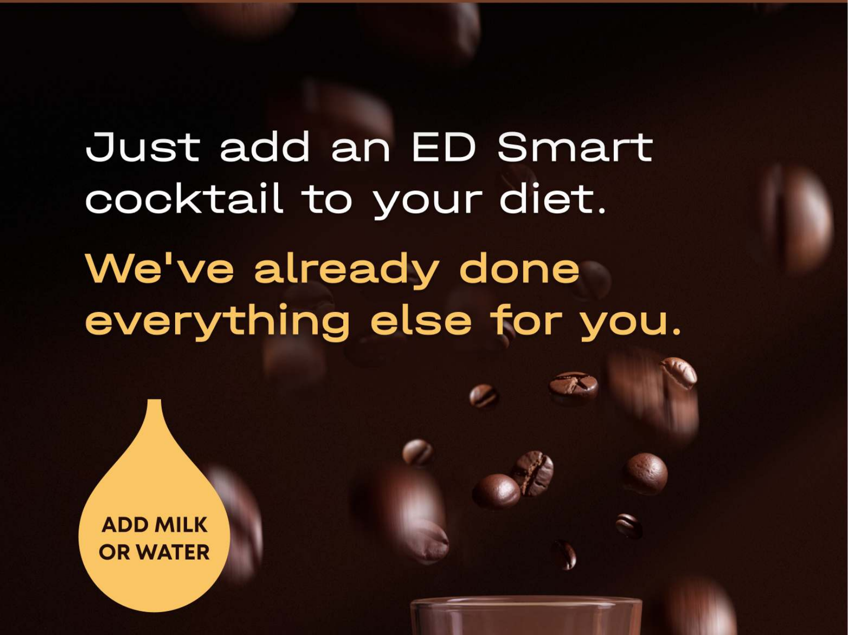
Peptismart® · Selenium · Vitamin C · Lacto- and bifidobacteria

✓ Rejoice in your

reflection in the mirror

- Maintain the beauty of your skin and hair
- Achieve the body shape that you deserve
- Become the best version of yourself, every day

Collagen · Vitamin C · Zinc · Vitamin A · Vitamin E · Peptismart®



Just add an ED Smart cocktail to your diet.

We've already done everything else for you.

ADD MILK OR WATER

5in1
easy
healthy
balanced
anti-age
tasty
edsmart
ed™
coffee
118 kcal per serving*

nlstore.com
nlstar.com